

Standard of Practice: Manipulation

Standard of Practice

When performing manipulation, naturopathic doctors must do so in a safe, competent and ethical manner.

Introduction

A complete list of restricted activities is found in the *Government Organization Act S.7.1*. Restricted activities authorized for naturopathic doctors are listed in the *Naturopaths Profession Regulation*. Naturopathic doctors are granted the restricted activity of using a deliberate, brief, fast thrust to move the joints of the spine beyond the normal range but within the anatomical range of motion, which generally results in an audible click or pop.

This standard is intended to outline how naturopathic doctors can provide safe, competent and ethical care, when performing manipulation for a patient.

Definitions

Competence: the combined knowledge, skills, attitudes and judgement required to provide professional services, defined in the *Health Professions Act*.

Manipulation: use a deliberate, brief, fast thrust to move the joints of the spine beyond the normal range but within the anatomical range of motion, which generally results in an audible click or pop.

Patient medical record: an account or evidence of documented patient findings, assessments, diagnoses and treatments.

Restricted activities: indicated activities performed as part of providing a health service that require specific competencies and skills to be carried out safely. Restricted activities are not linked to any particular health profession and a number of regulated health professionals may perform a particular restricted activity. A complete list of restricted activities is found in the *Government Organization Act S.7.1*. Restricted activities authorized for naturopathic doctors are listed in the *Naturopaths Profession Regulation*.

Standard of Practice: an authoritative statement that describes a minimum required behaviour of every naturopathic doctor and is used to evaluate individual conduct. Naturopathic doctors should always strive to practice above the minimum standards. Performance below the minimum standard may result in disciplinary action.

Naturopathic doctors demonstrate this standard of practice by:

1. only performing manipulation with authorization by the Registrar and in accordance with any restrictions or provisions required by the Registrar;
2. ensuring that all required qualifications to perform manipulation are current, in accordance with the **CNDA Continuing Competence Program Rules**;
3. having skills and knowledge of:
 - a) theory and principles of manipulation,
 - b) anatomy,

- c) assessment and diagnosis,
- d) indications and contraindications;
4. properly documenting manipulation treatments in the patient medical record in accordance with the **CNDA Standard of Practice: Records Keeping** and must include:
 - a) specific adjustment and technique used,
 - b) specific anatomical location(s) where manipulation was performed, and
 - c) state of patient upon conclusion of treatment;
5. having knowledge of and performing manipulation in accordance with the following CNDA standards:
 - a) **CNDA Standard of Practice: General**,
 - b) **CNDA Standard of Practice: Consent**,
 - c) **CNDA Standard of Practice: Duty to Report**, and
 - d) **CNDA Standard of Practice: Emergency Readiness**.
6. complying with supervision requirements as set out in the *Naturopaths Profession Regulation*, when supervising another naturopathic doctor performing this restricted activity.

Expected Outcomes

Patients are satisfied that:

- naturopathic doctors perform manipulation safely, competently and ethically.

Related Documents

Government Organization Act

Health Professions Act

Naturopaths Profession Regulation

CNDA Code of Ethics

CNDA Continuing Competence Program Rules

CNDA Standard of Practice: Records Keeping

CNDA Standard of Practice: General

CNDA Standard of Practice: Consent

CNDA Standard of Practice: Duty to Report

CNDA Standard of Practice: Emergency Readiness

